

Northview High School BREAKFAST

Monday	Tuesday	Wednesday	Thursday	Friday
			Feb - 1 SCRAMBLED EGGS YOGURT, STWBRY ENGLISH MUFFIN FRESH FRUIT JUICE MILK, VARIETY	Feb - 2 BREAKFAST PIZZA FRESH FRUIT YOGURT, STWBRY JUICE MILK, VARIETY
Feb - 5 FRENCH TOAST STICKS SAUSAGE PATTY FRESH FRUIT JUICE MILK, VARIETY	Feb - 6 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Feb - 7 CHOC or POWDER MINI DONUTS SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Feb - 8 CINNAMON ROLLS BACON FRESH FRUIT JUICE MILK, VARIETY	Feb - 9 BREAKFAST SANDWICH FRESH FRUIT JUICE MILK, VARIETY
Feb - 12 DUTCH WAFFLE SAUSAGE PATTY FRESH FRUIT JUICE MILK, VARIETY	Feb - 13 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Feb - 14 PANCAKES & SYRUP SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Feb - 15 SCRAMBLED EGGS YOGURT, STWBRY ENGLISH MUFFIN FRESH FRUIT JUICE MILK, VARIETY	Feb - 16 BREAKFAST PIZZA FRESH FRUIT JUICE MILK, VARIETY
Feb - 19 FRENCH TOAST STICKS SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY	Feb - 20 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Feb - 21 APPLE CINNAMON TEXAS TOAST SAUSAGE PATTY FRESH FRUIT JUICE	Feb - 22 EGG OMELET SAUSAGE PATTY BAGEL FRESH FRUIT JUICE MILK, VARIETY	Feb - 23 BREAKFAST SANDWICH FRESH FRUIT MILK, VARIETY
Feb - 26 DUTCH WAFFLE SAUSAGE PATTY FRESH FRUIT JUICE MILK, VARIETY	Feb - 27 BISCUITS AND GRAVY FRESH FRUIT JUICE MILK, VARIETY	Feb - 28 CHOC or POWDER MINI DONUTS SAUSAGE LINKS FRESH FRUIT JUICE MILK, VARIETY		

This institution is an equal opportunity provider.
MENU SUBJECT TO CHANGE
CEREAL, POPTART OR PB& J OFFERED DAILY

	Average	Weekly Target	% of Target		Average	% of Calories	Weekly Target
Calories	531	450-600	100%	Carbohyd	84.04 g	63.26%	
Cholesterol	67 mg			Tot. Fat	14.18 g	24.01%	<=30.0%
Sodium	577 mg	640		Sat. Fat	5.16 g	8.74%	<10.00%
Fiber	4.24 g						

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.